

Sydney Bush Walkers Newsletter

JULY 2009

Sydney Bushwalkers
PO Box 431 Milsons Point NSW 1565

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alpsport@optusnet.com.au

President's Report

President Ron Says,

Using Coolana

This month I am focussing on Coolana.

Coolana is our beautiful 55 hectare property with river frontage in the Kangaroo Valley, maintained as a wild life refuge. It has grassy river flats, escarpment, natural bush and a walking track to lookouts. It has a composting toilet, shelter shed, picnic table and fire place.

Currently we use it for camping and training, but it is significantly under used.

It is unlikely we can increase usage from within the club, as our younger members are naturally orientated to more active pursuits.

More frequent usage deters risk of vandalism.

Coolana is funded by a grant from the Catchment Authority. It is further supplemented from general club funds by some \$4000 per year.

So I am proposing that we allow organisations with sympathetic conservation philosophy to use Coolana under specified conditions.

I am confident this can be achieved without compromising the enjoyment of Coolana by our members. A charge to be made for use and proceeds put into Coolana Fund.

Some discussions have been held with the Coolana Committee.

They are supportive of the general principle and the Coolana Committee will be asked to develop specific guidelines for the Committee's consideration.

Because Coolana is owned by the membership as a whole I am now seeking views of the membership prior to the committee putting a proposal for in principle approval at the half yearly annual General meeting in September

So that the widest member input can be obtained this statement is being placed in the July Newsletter, the August magazine for comment prior to the 6 monthly AGM

Comments may be sent to Ron Watters at wattersr@bigpond.net.au, or by mail to PO Box 431 Milsons Point 1565. Please mark envelope "Coolana comment".

Editor's Note



Hi there everyone,

Sorry if this newsletter is a bit late coming out. I was fortunate enough to be accepted on David Rostron's Kakadu trip at the last moment and have only just returned.

It is difficult to describe the beauty of Kakadu, suffice to say I felt like I was in paradise.

If you ever get a chance to visit this stunningly beautiful area, grab it!

Melinda (editor@sbw.org.au)

From the Committee Room

Summary of proceedings at the Committee Meeting on June 3, 2009.

The meeting opened at 7pm with 8 members present and 5 absent with apologies.

- The Minutes for the May meeting were confirmed

Matters arising from the Minutes:

- Encouraging greater use of Coolana
- Guidelines for use by other Groups" report prepared by Patrick James was tabled by David Trinder.

Matters Arising from Correspondence

- New Home for Abseiling Gear
- Abseiling training. Proposal so far to be passed to Tony to check club responsibilities are being covered.
- Document from NPWS on Guy Fawkes group of reserves plan received.
- Resignation of Kenn Clacher from position of Business Manager
- Suggestion from Ian Thorpe that SBW has generic business cards available.
- Article from Advocate news and covering letter from Ian Debert, advising the death of Marjorie Derbert, wife of Jack Derbert, first SBW president.

President's Report

- With 60 odd new prospectives under 40 joining this calendar year, Caro has had an informal discussion with some of these people to identify what they are looking for from the club.
- Alex Colley 100th Birthday Project –is underway
- Walks History Project. Tony suggested the history should be searchable and expressed concern that it shouldn't be available in the public domain.
- Adventure Activity Standards. Time was not provided to allow SBW to give a studied reply

Treasurer's Report

- Ron advised deficit of \$2200 to budget due to 112 outstanding membership renewals
The following cheques were approved for signature.
Bill Holland – Binding, Flowers, May Magazine postage - \$417.68, Kenn Clacher – Paper and Ink, \$81.14,
Kathy Gero – Social expenses, \$33.62, Sue Bucknell – Rogaine (half entry, camping), \$135.75

Walks Secretary Report

- Tony estimates a further 20 walks (2 sides A4) will be required to satisfy demand if current prospectives convert. Would prefer 20 walks from 20 leaders. Tony outlined we have a shortage of Medium w/e walks and "q" walks. Also shortage of Sunday walks.
- Caro's walks – Wild Dogs and Gloucester-Barrington Tops were agreed as qualifying walks.

Social Secretary's Report

- Mid Year Feast/ Cater for 30 persons

Membership Secretary's Report

- New Walks Attendance Form
- Google notice has been sent to leaders to advise them
- Leadership Develop Paper
- 112 outstanding subs – actions as per treasurers report
- Maureen advised hard and softcopy received by one couple, when they requested soft copy only. Karl experienced the same.

New Members Secretary's Report

- The following persons have been accepted for full membership:
Sue and Paul Pinkerton
Gary Morphett
Julian Martin

Electronic Sub-Committee Report

Membership database.

- Shahram has reviewed DDB and Open Office and advises DDB is the better choice
- Ron has drawn up list of database requirements
- Data is liable to be corrupt – will require an agreed start date and "clean up" from that date.

Magazine Editor's Report

- Last magazine nearly reached the next postal rate, due to weight.
- Electronic hyperlinks didn't link

General Business

- Newsletter first page could open with best photo received

Karl Miller (Standing in for Helen MacDonald)

Conservation Information

As promised last time here are some ideas of what you can find on another couple of websites concerning conservation matters.

The Nature Council of NSW currently has campaigns going which include: biodiversity, bushfire, climate change, climate challenge, coastal and urban sustainability, education, hotspots fire project, marine and fisheries, NSW climate summit, rivers, save our last sharks and environmental and fellowships program.

Their recent media releases concern Australia investing in genuine energy, not 'clean coal' and warning that politics must not delay a world-class transport system in Sydney.

You can become a subscriber of Nature News online and their web site lists volunteer opportunities.

The Australian Conservation Foundation Habitat Australia website's recent highlights include: welcoming the green budget for providing strong funding for solar energy and public transport with a push towards a greener economy. Other articles include the Rudd Government commitment to spend \$25.7 million on green skills and the new Global Carbon Capture Institute. You can even find Twitter messages.

The Victorian ACF website tends to be more up to date than NSW but they publish a NSW update to keep local members up to date with their activities in the State.

I have found the National Parks Association media releases to be the most up to date source of conservation matters which would interest us bushwalkers and you can access their website on www.npansw.org.au/media.

Their recent press releases include (on 25 June), that the NSW Government intends to withdraw support for the Game and Feral Animal Control Amendment Bill that means the Shooters Party plans to expand recreational hunting in NSW to national parks and native animals will fail. Overwhelming public responses against this Bill caused ALP members to declare that they would not support it. Which shows just how important those emails and letters of protest are.

The question of mountain bikers in National Parks has again raised its ugly head in the NSW Parliament and the NPA has called for "a survey of all public lands other than national parks (and nature reserves) to determine the full extent of their potential."

Keep enjoying your winter walking and remember to keep an eye out for issues to raise with your local Members of Parliament.

Maureen Carter

WANTED

Advertising Manager for Magazine

The Sydney Bushwalkers Magazine needs someone with good communications skills to manage our present advertisers and look for more advertisers.

Duties would include managing our current three accounts; sending out invoices; collecting fees; and, setting up good relationships with prospective advertisers such as outdoor pursuits shops and travel providers. The Manager will also need to recommend strategies to the Committee on an annual basis.

Please contact our President, Ron Watters with expressions of interest. Ron can be contacted on 9419 2507 or 0419 617 491 or watters@bigpond.net.au

Kayaking on the Kangaroo River over Easter

We left Chatswood before 8AM on Friday thinking we would have to fight our way out of Sydney. As it turned out, it was busy but the traffic was moving fast and we made such good time to Kangaroo Valley, that we even had time for an ice cream and coffee before heading up the road. We arrived at Tallowa Dam more than an hour ahead of schedule, kind of wondering how we had done it but I suppose you have to be lucky sometimes.

Tallowa Dam /Kangaroo River didn't let us down either. We were treated to glassy water and no wind which none of us had seen before, so we made good time up to our campsite. It looked a little gray (perfect paddling weather) so to be safe we first put up a giant tarp I had managed to put in my kayak. I stood on the backs of several long suffering



persons in turn to get one end of the tarp up high enough – hope I didn't wreck you all for the weekend but there were no complaints. We even made a water collection trap. Anyhow the tarp seemed to work. Apart from an hour or so around about hors d'oeuvres and vino time on Saturday which we had to have under the tarp, it stayed fine and largely windless the entire Easter. Actually I didn't tell anyone that I had had a long talk to Hughie before leaving Sydney and I gave a few tips to Sue on how to approach Hughie before her walks.

On Saturday we paddled up to Coolana (it took longer than we thought but I did find a nice camera in a hole on the way). . Pamela was the only one who knew where we could land our kayaks without having to practice being a mountain goat up the river bank. There was a cast of hundreds and maybe thousands at

the Bendeela Campsite but nobody at Coolana so we had our lunch in glorious sunshine and peace and quiet. We then went up to inspect the wondrous toilet and Ron took us for about a 45 minute walk to the Dot Butler lookout and scenic circle. It was somewhat quicker downstream and apart from a few sprinkles we reached the campsite in the nick of time before the rain hit and we were safely under the stupendous tarp.



On Sunday we got out of bed fairly early and walked over to a previous campsite. Actually, no one really believed we were at the promised campsite so when we got back Pamela produced her super-map of the river and the GPS sorted out that discussion. A friend of Pamela and associates popped in to say a prolonged hello and after several more cups of tea in the sun we reluctantly loaded up our kayaks and paddled back to Tallowa Dam. We of course stopped on the way and had lunch and a swim. I think we all had a great weekend and managed to avoid most of the Easter traffic.

The participants were Helen and Sandy Logie, Pamela Irving, Sue Bucknell, President Ron and myself.

PS: We tried to hand the camera into the unattended Police Station at Kangaroo Valley but the card had a collection of family shots on it so we are currently doing some detective work to get it back to its owner. I might try "Can we help"

Patrick McNaught



Welcome to our world Emma!

Emma Bradburn was born on 9 June.

Her very proud father Michael Bradburn comments, "She weighed slightly more than my tent, sleeping bag, sleeping mat and Gore-Tex jacket combined. Hopefully she will learn to walk soon so that I can fulfil my plans of overnight bushwalking without a pack (on me that is!). I must go now; I need to buy her a back pack."

Best of wishes to Emma and James, Joanne and Michael.

Kosciuszko Huts

Members

I have the honor to be your **Kosciuszko Huts Association Delegate**. So I feel that it is incumbent upon me to "spread the word". Their web site is at <http://www.kosciuszkohuts.org.au/> and this provides arrange of useful information, not only about Huts in the KNP but also in Vic, Tassie and other countries. It also explains why the name has changed back to the original Polish spelling (2 yrs ago I skied to the top of Kossie in the middle of Winter and met a bunch of Poles drinking Polish Vodka in honor of the name change.....and of course I had to be sociablesomehow we ended up having a Cossack Dancing competition on top of the Cairn.....)

As many of you may be aware, a large number of Huts were burnt down in the 2003 fires. The associated public focus contributed to a re-appraisal of the merits of rebuilding huts, or not. In a very curious twist of Fate the attitude of the National Parks & Wildlife Service has done a 180 degree turnaround, and they are now proponents of rebuilding huts. This is in contrast to their approach in the 70/80's of removing many of them and not replacing destroyed huts (including those whose demise was "assisted").

The following Huts have been rebuilt: Broken Dam, Delaney's Hut, Paton's Hut, Sawyers Hut, Brooks Hut, O'Keefe's Hut (including authentic 1930s Newspapers as the wallpaper) and Teddy's Hut.

The following Huts are in the process of being rebuilt: Boobee Hut (frame and walls are there), Pretty Plain (in prospect) and the Opera House Hut

The rebuilds have adopted the "replica" approach, on an adjacent piece of ground (so that the original "heritage"



Original Broken Dam Hut

foundations are preserved). Whilst the replica approach has many aesthetic advantages, some have questioned it from the maintenance and safety/survival perspective i.e. modern prefab materials could have been used to create insulated, vermin free, fire retardant Shelters built from minimal maintenance materials?

with gear to go in on quad bikes. Looking for people with timber working skills. Also "Dr Forbes Hut" Looking for volunteers from September -December 09. Looking for people with stone masonry & timber skills. Contact Megan on Ph 02 69477016

If you would like to be involved in a rebuild the next one is "Pretty Plain Hut". They are looking for volunteers who would like to work on Pretty Plain Hut from the 6th July - 2nd November 09 to prefab hut at Khancoban NPWS Depot. People can stay in a rough NPWS house (basic kitchen, fridge, hot water, 4 walls & a roof bring own bed, food, cooking utensils etc). From November - March constructing the hut at Pretty Plain, people will need to walk 3-4km but hopefully they can help

On a sad note, one of the last "Old Men of the Mountains", Ted Winter passed away in early June. I had the pleasure of meeting him on the Main Range and around Jagungal a couple of times. He had a unique half shuffle skinning style which certainly covered the ground. His long lanky frame was a bit confronting up close with his disheveled attire and half nose. I can still recall him reciting his quirky poetry at Tin Hut one night in the midst of a blizzard b the light of the fire.

When you are out and about in the KNP, please visit the Huts along the way, take a Photo and send it me and the Webmaster, plus a short advice on the status of the Hut. Please ask your Party to collect any rubbish or spare bottles and carry them out.

Ian Wolfe

Please welcome, as full members:

- ✿ Skye O'Donnell
- ✿ Richard Denham
- ✿ Vivienne Remy de Courcelles
- ✿ Emmanuelle Convert

Ti Willa Trembler – Queens Birthday Long W/E

By Karl Miller



Stunning views all weekend – this one from Campagnoni Pass, south west.

Billed as “3 Passes, 2 Caves, 1100 Men and a Dog” aka “The Ti Willa Trembler” got away to an early 7am start. The ferny and slippery 400m traverse from Gabes Gap to Gabes Ridge woke the crew up, but the ridge itself was straight forward. Despite high water flows, Gingra Creek proved relatively straight forward with options in or beside the creek (or traversing 10-15m up on the clear southern slopes). That said, be sure to pack clothes for nettles, there are plenty of them. The Old Cedar Track appeared on either side of the creek over the last 500m. After lunch at GR419 383 it was onward and upward to the hugely impressive 1000 Man Cave (GR410 399). Rather exposed to the wind but terrific views. Then a walk up through Pass #1 to a scorched Ti Willa plateau and 100 Men Cave for camp, where Ted had us in fits of laughter with the tales of Pipi and Bon Bon.

Day 2 – The burnt Ti Willa plateau made for easy walking. Fantastic views of the Blues Breaks were had from a spot 30-40m W of the pass. To find the Compagnoni Pass from the top, first locate the rock overhang – the pass is in front of it, toward the SW end of the overhang. Spikes aid a climb down, then a chain, more spikes, a walk down and a last set of spikes.



*Left:
David – Enjoying
Campagnoni Pass*



*Right:
Our Ed. Cursing the
leader's route choice*

We reached Ti Willa Creek via Lyrebird Spur (Dunphy's Map) for lunch, then the long slog up to Gentles Pass (GR423 435).

As they say, the first step is the big one. Less capable climbers will need a tape to be placed by a lead climber to get up the first 3-4m, and then it is a walk up via a tight chock stone. There is a great spot at the top for afternoon tea on the cliff line, looking north to the Cox's, Wild Dogs and Narrow Neck. Thanks to recent rain we were able to camp at Irraeorana Top and collect water just 10 min to the south. Fortunately the moon was full as the leader lost his head torch on the water carry.



Neil, one big step for the party !

Day 3 – Despite blustery conditions, the vegetation protected our campsite and we woke to a cold, breezy but crystal clear day. Happily, Karl was reacquainted with his torch that had mysteriously wriggled under the groundsheet for the night. Jennie, our latest prospective, fearlessly navigated the party to Dex's Crk (no mean feat). Biggest surprise of the trip was locating the simple walk up to get on top of Craft's Wall. What superb 360 degree views to be had from there. The eagle eyes of the party not only spotted Sydney on the horizon, but located the Harbour Bridge. We had literally 100k visibility.

This is a great walk for a long weekend that stitches together a number of features East of Mount Cloudmaker.

Party: Karl Miller, David Trinder, Melinda Turner, Neil Hickson, Jennie Landon, Ted Nixon

The Midweek Walkers

The Mid-Week Walkers are an informal group of SBW members who have time to spare for mid-week activities, some of which are shown on the Walks Programme and some organised at short notice and advised by monthly newsletter. These can include easy to medium walks, perhaps some cycling or even a little bird watching as well.

If you would like to receive our monthly newsletter or join us on an activity please phone me on 9484 6636 or email billholland@bigpond.com.

Here is an extract from our recent newsletter.

We had a great time at Newnes in June. About twelve people attended. I had to leave early but the report from participants indicated that the weather was kind and the walks very interesting. Welcome to Philippa and Stuart Swanson, who had their first outing with Mid-Week Walkers.

Nothing is planned for July as we considered it was too cold to be out of doors. August is busy with planning for Currawong, at the start of the month, and Glasshouse mountains at the end of the month (into September) – see details below. Both of these activities have been very popular in the past and already I am receiving a strong level of interest. Please get your booking to me by email as early as possible.

Here are the details of midweek walking programme for coming months. I would welcome any suggestions for additional activities, perhaps some cycling or paddling to keep the enthusiasts happy. We have people asking about mid-week tent camping and two or three day walks.

August: Currawong Cottages at Pittwater Monday 3rd – Fri 7th August

We will stay at the main cottage (large house). This sleeps up to 15 (4 couples and 7 singles). The cost, based on ten people is low, approx \$20 per night. We will do day walks, short and long, or take the alternatives of tennis or miniature golf. There is a large log fire and very comfortable areas for relaxing. Swimming is an option – but not for me!

You are welcome to book for one, two, three days as an alternative to the whole week. It is a very convenient trip by ferry from Palm Beach.



September: Glass House Mountains Monday 31st August to Friday 4th September



Ian Debert and Joy Hynes have offered us accommodation near these impressive mountains in Queensland. Accommodation will be in the house and early birds get the beds, latecomers get the floor or camp outside.

Walking will be moderate with options for the more or the less fit. Perhaps some cycling may be added depending on interest.

It is preferable to book early for this very popular event. Due to distance it may be preferable to share transport so let me know if this is required and perhaps I can assist.

October: Deep Pass

Camping at Deep Pass offers many opportunities for easy to medium style walking. All facilities in a camping ground reasonably close to cars. The date has yet to be determined so if you are interested please let me have your preferred times. Indications are that it will be 19th – 23rd to avoid the school holidays.



The Midweek Walkers continued



November: Dunns Swamp I know we have been twice already, but this particular area is so popular. The crowds at the weekend vanish during midweek and we have most of the area to ourselves.

The weather will be warmer making paddling and swimming a real pleasure. Once more the dates will depend on preferences and I will check with NPWS to avoid school bookings.

Bill Holland

Members needed for Rogaine Team

"The 18th Annual Lake Macquarie 6 & 12 hour Rogaine will be held on Saturday 15 August 2009, the entries are now open and we would like to put some SBW teams.

The closing date for the entries is Sunday 9th August, so if you are interested please contact Emmanuelle (*with double M and double L*) at this email address: e_convert@hotmail.com).

You can go on this website for more information:
<http://www.nswrogaining.org/AboutEvents/Events/09LM/09LM.htm>

WILLIS'S WALKABOUTS

Tell us

I'm doing a major revision of both the Willis's Walkabouts website and program.

I'd like to know what you'd like to find on our website. For example:

- how to get here
- where to stay
- what to bring
- how to get a permit for your own walk
- weather

All the above are on the current website. I know that some of them are hard to find but with your help we will amend this.

12 Carrington St Miller NT 0810 walkabout@is.net.au

what you want...

Lack of guides may force me to cut back on the program. Do I keep a mix or concentrate on one or two types and areas?

- long walks of two weeks or more (food drop if over 2 weeks)
- a series of shorter walks
- walks with Aboriginal guides
- overseas walking trips

To have your say please go to our website and fill in our short questionnaires. It should take no more than ten minutes. If you've got more time, you can provide more details and you might win a major prize.



www.bushwalkingholidays.com.au

Phone 08 8985 2134 Fax 08 8985 2355

Walks & Other Activities 25 May - 30 June 2009

Leaders: - After an activity please email the completed Walks Attendance Form and Activity Report to walksreporting@sbw.org.au with a copy to brading123@optusnet.com.au
Please keep the signature sheets as these are a legal document.
Thanking you in anticipation - Stephen

Date, Walk Location & Route	Activity Participants
<p>WED 27 – FRI 29 MAY – Mid Week Walk - L222 South Coast - Stage 14 - Maureen's Meander to Melbourne <i>Jervis Bay NP & Booderee NP 3 day walks</i></p> <p>Highlights & Memorable Moments: Day 1 - Five hours & 20kms of flat beach walking in cloudy weather covering eleven beaches between Huskisson & Hyams Beach. Day 2 - In walking from Murrays Beach to Summercloud Bay in Booderee NP we encountered an abandoned nuclear reactor site; a lighthouse ruin; much undulating dune walking on soft sandy tracks; plenty of bird life in the flowering banksias; and, plenty of rock hopping on our 22kms day. Day 3 - We had continuous wind and rain from Summercloud Bay to the end of Bhewerre Beach & the monotony was only relieved by the dozens of pied cormorants & the sight of Pigeon House Mountain through the gloom.</p>	<p>Maureen Carter David Carter Brian McGrath</p>
<p>SAT 30 MAY – Day Walk – Medium 8km Off track plus a few km on roads. Wollemi NP - <i>Deep Pass - Mt Norris - Derailment hill - cross Dingo Creek - firetrail - recross Dingo Creek - Deep Pass</i></p> <p>Highlights & Memorable Moments:</p>	<p>Bill Capon & Others</p>
<p>SUN 31 MAY – Day Walk – M121, Easy –Medium, 12 km Northern Illawarra Escarpment <i>Stanwell Park - Kelly's Falls - Stanwell Tops - Coalcliff Dam - Bullock Track - Stanwell Park.</i></p> <p>Two people came to the walk by train in the morning, the others by car. At the end of the walk we shared cars on the return journey</p> <p>Highlights & Memorable Moments: We met at Stanwell Park station, and ascended the steep foot-track to Stanwell Tops where there are great views from a lookout. From there we took the Princess Marina Track to Kelly's Falls, which were flowing strongly after recent heavy rain. We had two short showers in the Kelly's Falls area, but that was the only rain for the day. From Kelly's Falls we turned southward through a series of tracks, staying on top of the escarpment, skirting the Christian conference centre, and making our way around to the lookouts at the top of the Bullock Track. We had a fabulous view over Stanwell Park from our clifftop lunch spot. We then descended the Bullock Track through lovely open forest, and went down to the beach where we forded the entrance to the lagoon. We finished our trip with coffees/teas/milkshakes at the kiosk near the beach.</p>	<p>Nigel Weaver Lyn Terrey Tim Yewdall Jim Callaway Tim Fielding (P)</p>
<p>SAT – SUN 30 - 31 MAY – Weekend walk –M222 Q 22km Kanangra Area <i>Kanangra Tops - Kilpatrick Causeway - Gangerang Range - Mount Cloudmaker - Hundred Man Cave - Return.</i></p> <p>Highlights & Memorable Moments: We had 5 Prospective Members doing their weekend qualifying walk and 4 Members. Some were slow and others fast so we divided into two groups. Melinda led the fast group and I led the slow group. Despite the rain and fog all destinations were found and we all finished before dark on both days. Hundred Man Cave provided great shelter over night. We all enjoyed the beautiful, big mountains and the new comers learnt a lot. We had only one young person but the walk would have suited other young people.</p>	<p>David Trinder Melinda Turner Adrian Buzo (P) Julian Martin (P) Ted Nixon Yoek Ken Williams (P) Barbara Ertz Daniel Laver (P) Richard Denham (P)</p>

Walks & Other Activities 2009 cont.

Date, Walk Location & Route	Activity Participants
<p>FRI – MON 5 – 8 JUNE – Long Weekend walk – M111, Maureen's Meander to Melbourne - Sussex Inlet to Burrill Lake <i>Sat: Berrara to Lake Conjola - camp at caravan park.</i> <i>Sun: Conjola to Ulladulla - camp at caravan park. Mon: Finish early at Burrill Lake.</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p> <p>We enjoyed four day walks along beaches and through banksia covered headlands. We saw a whale from the rocks near Bendalong; had a lift in a canoe across Narrawallee Inlet; saw an Aboriginal perspective on the history of Milton and Ulladulla; and, finished just as a southerly blew up at Burrill Lake. The four nights of good dinners with good company also made it a superb long weekend to remember.</p>	<p>Maureen Carter David Carter Liz Willis Rosemary McDougall Jan Roberts</p>
<p>SAT - MON 6 – 8 JUNE – Long Weekend Walk – M222 Q Western Wollemi NP <i>Newnes - Wolgan River - Capertee River - Glen Davis - Newnes.</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p>	<p>Don Finch & Others</p>
<p>SAT - MON 6 – 8 JUNE – Long Weekend Walk – M233 Q +/- 1000m Kanangra <i>Kanangra Walls, Pages Pinnacle, Gingra Crk, Ridge 412 392, 1000 men cave, 100 men cave(camp), Ti Willa Plateau, Compagnoni Pass, Lyretail spur, Kooriecone top, Gentles Pass, Dex's Creek, Cloudmaker, Kanangra Walls.</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p> <p>Gingera Creek was walkable with quite a bit of nettle. 1000 Men Cave is huge with great views to the Blue Breaks. The back ledge is flat for camping but exposed to wind. Waterfall outside after recent rain. Ti Willa Plateau is burnt the entire length. Gentles and Compagnoni Pass both straightforward, though 15 metres of tape should be carried for Gentles pass. Scrub between Dex Creek and Carra Top is all burnt as is the ridgeline from Mt Cloudmaker to Kanangra Walls. Quick diversion to get to the top of Crafts Walls was the icing on the cake</p>	<p>Karl Miller Neil Hickson David Trinder Melinda Turner Ted Nixon Jennie Landon (P)</p>
<p>SAT - MON 6 – 8 JUNE – Long Weekend Walk – L332 Q Mostly off track Namadgi <i>Day 1: Rendezuos Creek - Mount Gudgemby - Sam creek camp. 13 km +700m - 300m.</i> <i>Day 2: Sam creek Camp - Scabby Range - Mt Kelly - Bogong creek Camp. 12 km +500m -300m.</i> <i>Day 3: Bogong creek - Yankee Hat and return. 10 km +300m -500 m.</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p>	<p>Terry Moss & Others</p>
<p>MON 8 JUNE – Day Walk M222 13 km Metropolitan Area – Royal National Park <i>Garie Beach - Thelma Ridge - Garrawarra - Squeezeway Track - Burning Palms - Garie Beach.</i> Some walkers arrived by train</p> <p style="text-align: center;">Highlights & Memorable Moments:</p> <p>The day was fine and mild, ideal for walking. We took the seaside track from Garie Beach to the lower end of Thelma Ridge, from where there are fantastic views each way up and down the coastline. We then made our way off-track up Thelma Ridge to Garrawarra. At Governor Game Lookout we could see a whale in the sea having a great time throwing itself up out of the water before splashing down into it again. We then went on the fire trail to the top of the Squeezeway Track. We had lunch at the isolated Squeezeway lookout whilst enjoying panoramic views over Burning Palms and the coastline further to the north. We then descended the steep Squeezeway Track, which has now become very indistinct in many places, making it a challenge to navigation. However we successfully got to the bottom of the track at the southern end of Burning Palms, where we came across SBW Life Member Jim Callaway who was doing some weeding near the Rangers Hut. After a chat with Jim, we went down to the beach, and then followed the rocky coastline out to Semi-Detached Point for an enjoyable mid afternoon break with more magnificent views. From there we walked back to the lower end of Thelma ridge and arrived at Garie Beach at 4.15pm. Overall it was a great day, full of spectacular coastal views.</p>	<p>Nigel Weaver Margaret Weaver Janina Grzazek (P) Hugh Fyson Nigel Wingate Julian Martin Horiko Clarke Penelope Irvine (P) Philip Worledge Denise Shaw Paul Irwin (P)</p>

Walks & Other Activities 2009 cont.

Date, Walk Location & Route	Activity Participants
<p>MON 8 JUNE – Day Walk M111 15 km Metropolitan Area <i>Lidcombe Railway Station - Rookwood Cemetery - Sydney War Cemetery - Cooks River Path/cycle Way - Canterbury Railway Station.</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p>	<p>Ian Rannard & Others</p>
<p>SAT 13 JUNE – Day Walk L321 30 km Metropolitan Area – Ku-ring-gai Chase NP <i>Cowan Station, Berowa Waters, Mt Ku -ring-gai, Apple Tree Bay, Gibberagong Track, Sphinx Trailhead</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p> <p>Designed as a fast paced trainer for later walks, we met bright and early at 6:45 surprised to find 20 odd cars already there from other groups. The leader was injured and spent the day supporting by car. On the ground Jennie took over and very ably navigated the group and pushed the pace along at a furious level that caught the support crew napping on a couple of occasions. Including lunch we wrapped it up in 7:00 hrs. Hats off to Melinda, who managed to set a new record by ordering and drinking 3 cappuccino's on route. Thanks again to Jennie for stepping in at 10 minutes notice.</p>	<p>Karl Miller Steven Dolphin Marina Chan Anthony Andrews (P) Jennie Landon (P) Mark Dabbs Daniel Lavers (P) Mary Liu David Trinder Melinda Turner</p>
<p>SAT 13 JUNE – Day Walk – M222 13km Car sharing used Mt White area – Popran NP <i>Pacific Highway at Mt White - Pipeline Track - Big Jim's Point - fire trails back to starting point.</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p> <p>We took a rough foot track from the highway that starts about 100 metres north of where the highway goes under the expressway a few kilometres south of Mt White. We went on the track for about 100 metres to a fire trail, which we followed until we arrived at the Sydney-Newcastle oil/gas pipeline. The pipes are buried underground, but walkers can follow the cleared area that runs along the ground above them. We followed the pipeline up hill and down dale for several kilometres until we got to the fire trail that runs along the top of Big Jim's Point, high above the Hawkesbury River. We found a lovely sunny lunch spot with panoramic views downriver to Bar Point and beyond, including Peat's Bight and the entrance to Berowra Creek. Inevitably we could even see the Bahai Temple on the hills in the far distance. After lunch we followed the windy fire trails back to the Pacific Highway from where we had started.</p>	<p>Nigel Weaver Margaret Weaver Janina Grzazek (P) Richard Denham (P) Tim Yewdall Barbara Ertz John Wilson (V)</p>
<p>SUN 14 JUNE – Day Walk – M212 20km Metropolitan Area North Sydney circumnavigation</p> <p style="text-align: center;">Highlights & Memorable Moments:</p> <p>The walk was billed as 20km, but was probably only 16. We finished about 3.30. Looking for gems in the middle of the city. Unfortunately rained all afternoon. Nevertheless everyone completed without difficulty. All but one adjourned to the Kirribilli Pub for a drink afterwards</p>	<p>Leigh McClintock Christine McColl Catherine Riolo (P) Christina Riolo (P) Jovanca Ajanovic Hugh Fyson Nigel Wingate Patrick McNaught Pamela Irving Kate Fisher (P) Paul Couvert</p>
<p>MON – SAT 15 - 19 JUNE – Day Walks – Easy Medium Cabins at Newnes</p> <p style="text-align: center;">Highlights & Memorable Moments:</p>	<p>Bill Holland & Others</p>

Walks & Other Activities 2009 cont.

Date, Walk Location & Route	Activity Participants
<p>FRI – SUN 19 - 21 JUNE – <i>Day Walks</i> – M332 Northern Tablelands – Quarry Locked Gate Middle Brook Rd 4km from Washpool camping area. <i>Two day walks from a car camp at Washpool Picnic Area. Explore Liverpool Ranges. Ascend Mt Tinagroo and Rocky Downfall Mountain. 700m up each day. Friday night departure 4.5hrs driving</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p> <p>Day 1 Along the Cedar Log track through attractive open forest. Highlight large grass tree forest before final off track climb up Mt Tinagroo. Grass trees up to 4m high with multiple branches. Unfortunately low clouds obscured views across the Liverpool plains. Lunch on top of Tinagroo 1220m after a 720m climb. Floor of forest is button grass mixed with broken rocks, slippery. Along the knife edge towards Logans Knob. No short cuts to valley bottom due to cliffs. Identified possible camp sites for extended trip. Insufficient time to continue ridge top traverse given short daylight hours. Retraced to Cedar Log track and followed loop with steep muddy descent to Middle Brook Road and back to start. 8 hour r day with breaks, cars at 5PM. Happy hour at Washpools with its fireplace, sheltered electric barbecues and toilet! And half way down were rewarded with some great views</p> <p>Day 2 Steep slippery climb up the skyline track.600m slippery in the wet conditions. Saw some Kangaroos. Views to Mt Tinagroo. Diverted off track to Rocky Downfall mountain. Brilliant views in all directions, including Liverpool Range mountains. Identified way down to allow a future round trip from the cars. On return to Skyline track weather closed in. No point in continuing up to find water source for future back pack trip. Retraced steps to cars arriving 2PM and returned home 4.5h back to Sydney.</p> <p>Summary A delightful area worthy of further exploration. Frank Grennan and Annie Maguire will pursue. They were a great help with their local knowledge. Party walked well. A great weekend, despite the showery weather.</p>	<p>Ron Watters Phillip Worledge Hiroko Clarke Fran Zoemann Lisa McCarthy (P) Frank Grennan Annie Maguire Claudia Douglas Frank Hartigan Paul Bateman (V)</p>
<p>SAT 20 JUNE – <i>Day Walk</i> – E111 9km Metropolitan Area – South - Food discovery walk <i>Padstow Station - Salt Pan Creek - Riverwood wetlands and community gardens - Bankstown Station</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p> <p>The rain did not dampen enthusiasm on this 'food discovery walk' which was only 9kms of flat walking but very varied in its own way. We wandered along the boardwalk at Salt Pan Creek but saw no spoon bills this time; then we found our way to Riverwood Community Centre and walked through the community vegetable gardens and around the duck pond; next we followed bushy paths back to the boardwalk; crossed busy Canterbury Road; then, followed a series of parks and gardens to the north side of Bankstown's shopping precinct. We visited a Lebanese grocery shop, which smelt like a Moroccan souk then wandered down to the south side and found a suitable restaurant to enjoy a bowl of pho in the Vietnamese section of Bankstown. Not your traditional SBW bushwalk but an opportunity to see some of the greening of Sydney's south-west.</p>	<p>Maureen Carter Denise Shaw Catherine Pavone (Riolo) (P) Jan Roberts Leanne Hanley Yoke Lee (P)</p>
<p>SUN 21 JUNE – <i>Day Walk</i> – M122 – Easy/medium 13km Wisemans Ferry <i>North side of Wiseman's Ferry - Great North Road - Lower MacDonald Ridge.</i> Car sharing used to travel to walk</p> <p style="text-align: center;">Highlights & Memorable Moments:</p> <p>It rained lightly on and off through the afternoon, but not enough to spoil the mood. Everyone finished in good spirits and repaired to the pub for a drink before heading home</p>	<p>Leigh McClintock Lyn Terry Gemma Cowan (P) Daniel (P) Renee Neeley (P) Paul Couvret Marcia Neeley (P) Helen Hanfling (P) Margaret Weaver Pam Campbell</p>

Walks & Other Activities 2009 cont.

Date, Walk Location & Route	Activity Participants
<p>Metropolitan Area – Ku-ring-gai Chase <i>Terrey Hills - Smith Creek - Centre Track - Elvina Track - Gravestone Track - Lovett Bay - Birnie Lookout - Church Point.</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p>	Roger Tregus & Others
<p>SUN 21 JUNE – <i>Day Walk</i> – S111 9km Metropolitan Area Middle Harbour <i>Spit Bridge to Manly</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p> <p>Deliberately slow pace with lots of stops to admire view. Prolonged break at Forty Baskets Beach to consume a lot of Tim Tams etc, and a modest amount of champagne. Lots of chatting and solving of the world's problems. All participants required to investigate the amazing musical loo. The world's best Grilled Fish and Chips at Manly Beach. A touch of rain at times but insufficient for leader to put on his parka. No accidents – we did take care to stop frequently so that we did not overstress our muscles.</p>	Patrick McNaught Jan Roberts Pamela Irving Hubert Habicht Margaret Malar Brian Ogilvy Kerrie Alsop
<p>SAT 20 – SUN 21 JUNE – Weekend Walk - M323E Kanangra <i>Kanangra Walls - Cloudmaker - Dex Creek - Karrung Tops - explore Marooba Karoo Creek - and return.</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p> <p>We set off from Kanangra Walls early in steady drizzle and cloud. One of the members was nursing a slight injury and by the time we reached high and Mighty it was recognized that the walk could not be completed. A unanimous decision was made to head back to the nearest WARM café. It was still raining when we got back to Kanangra Walls car park.</p>	David Trinder Melinda Turner Jennie Landon (P) Mark Dabbs
<p>TUE 23 JUNE – Mid Week Day walk Easy/Medium Metropolitan Area - Kurnell <i>Discovery Centre (Kurnell) - Tabbigai Gap - Cape Bailey lighthouse - Solander Trig - Muru Track.</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p>	Bill Holland & Others
<p>FRI - MON 26-29 JUNE – <i>Day Walks</i> - M222 South Coast – Maureens Meander to Melbourne Burrill Lake - Lake Tabourie - Merry Beach - Durras Lake - Batemans Bay. Four days of fabulous beaches, visiting Meroo & Murramarang National Parks</p> <p style="text-align: center;">Highlights & Memorable Moments:</p>	Maureen Carter & Others
<p>SAT 27 JUNE – <i>Day Walk</i> – M222 +/- 300m Mountain Lagoon <i>Mountain Lagoon – Gaspers Ridge – Mailes Ridge - Colo Meroo Reserve - Return.</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p> <p>On paper this walk is straightforward but some of the foot track is now overgrown to the extent you continually will choose the initially clear false track instead of the hidden main track, We bush bashed for a while but there is not enough daylight to afford this speed reduction for long despite an 8.15am start. Half the party remained at the top of the ridge with views of Upper Colo while I took the two prospectives down to the Colo Meroo campground and Colo River. The river was at its best and the campground is in good shape. To their credit the prospectives handled the demanding descent well and cut fifteen minutes off the ascent time taken last time I did this walk. The weather remained dry despite the forecast and all of the party arrived back at the cars around 5.30pm. In all a very enjoyable day was had by all.</p>	Stephen Brading Yvonne Brading Howard Berry (V) Karen Kool (P) Penelope Irvine (P) Garry Morphett
<p>SUN 28 JUNE – <i>Day Walk</i> – Easy / Medium 10 km 2km off track Metropolitan Area - Kurnell <i>Botany Bay NP - Cape Solander (whales) Cape Bailey - North Cronulla.</i></p> <p style="text-align: center;">Highlights & Memorable Moments:</p>	Bill Holland & Others

Social Program

PATRICK MCNAUGHT'S TRIP TO ANTARCTICA



Wednesday, 15th July, 2009, 8pm. in the clubrooms at Kirribilli Neighbourhood Centre.

Club member, Patrick McNaught, will be chilling you out with slides on his camping and kayaking escapades amongst the penguins in Antarctica. A gem!!!!!!

SBW AUCTION

Wednesday, 19th August, 2009, 8pm, in the clubrooms at Kirribilli Neighbourhood Centre.

Come along and snaffle a bargain in the relaxed atmosphere of the SBW Auction Café. Table swapping will be encouraged. Coffee, tea and other liquid refreshments will be available. Bring your takeaway dinner and dine and buy in comfort. SBW Auctioneer Patrick James and his attractive assistants will dispose of your donated lots and attempt to empty your purses, pockets and wallets painlessly.

Bring all your unwanted, surplus to requirements, good quality new and/or used gear for biking, camping, canyoning, cooking, fishing, gardening, kayaking, mountaineering, paddling, skiing, walking; your old, tired, frayed and out-of-date abseiling ropes, dented and damaged safety helmets, boots too small, packs too big, tents, wet suits, dry suits, and plants from green thumb members. For approved members (with written permission from their parent(s) or guardian) "sale on commission" of substantial items will be available; conditions apply.

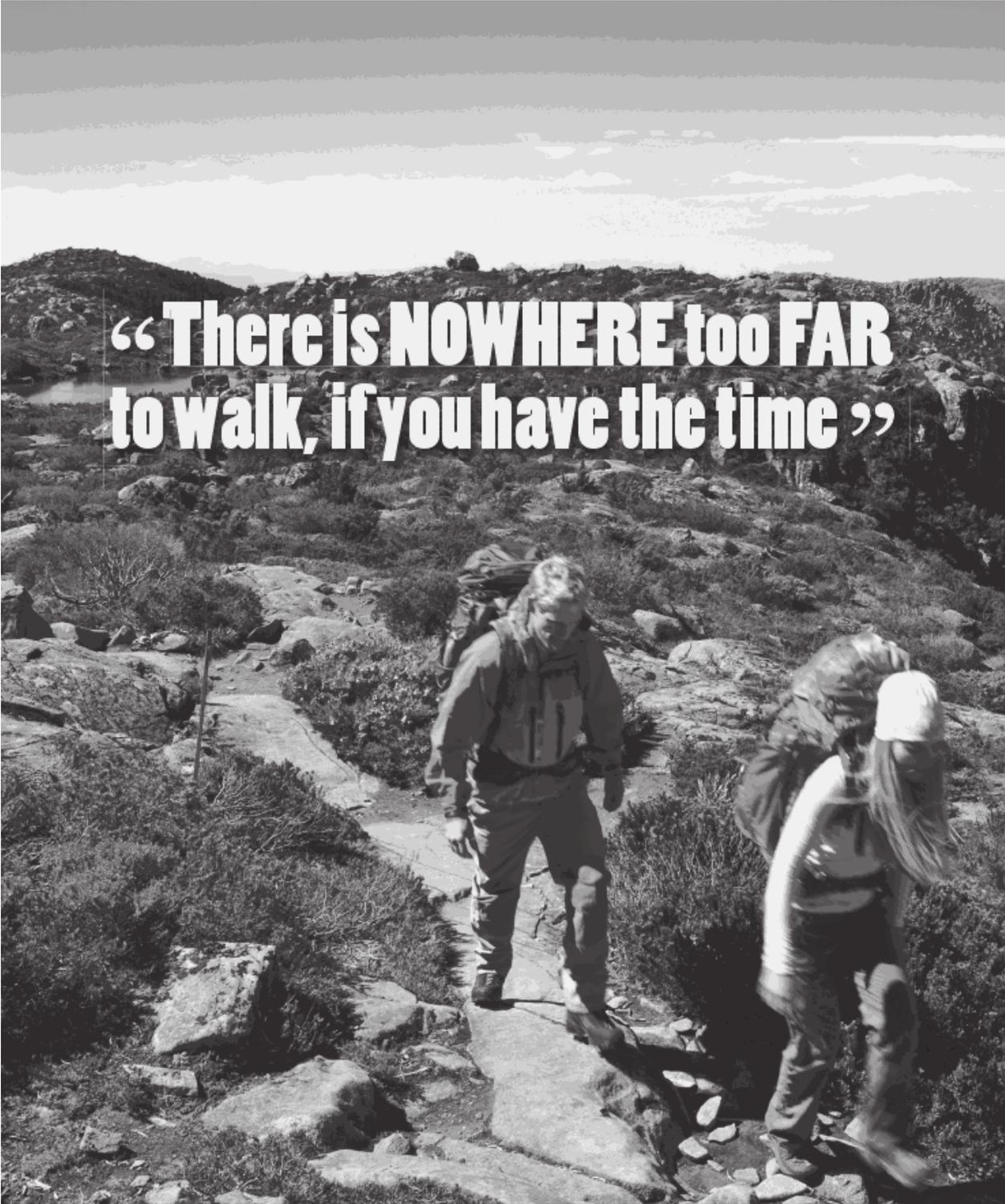
The SBW Auction Café opens at 8 PM, the first lot will be auctioned at 8.20 PM, and then its bid, bid, bid and buy, buy, buy until all goods change hands. This is an ideal opportunity for new members to get some basic equipment.

All items relating to an outdoor lifestyle are welcome.

The Auctioneer will be PATRICK JAMES.

"We greatly miss our friend and colleague, Kellie Rees who passed away suddenly at age 42. We wonder how the Bushwalking is up there."





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