



Photo: Vivien de Remy de Courcelles

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Opinions expressed in this magazine are the opinions of the authors and do not necessarily reflect the policies or views of The Sydney Bush Walkers.

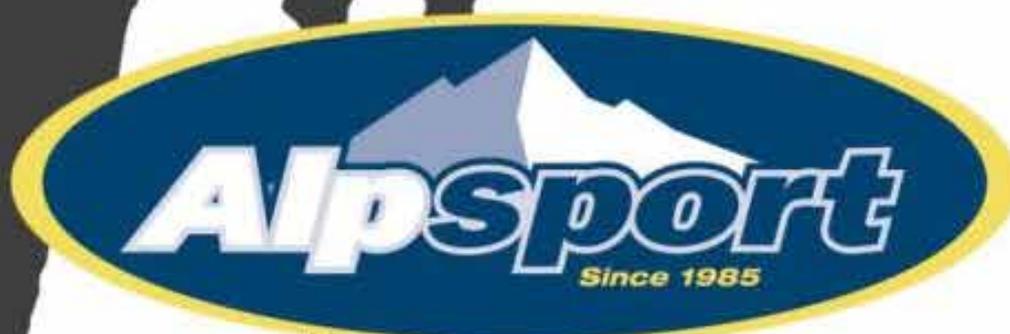


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From the Vice-President

Roger Treagus

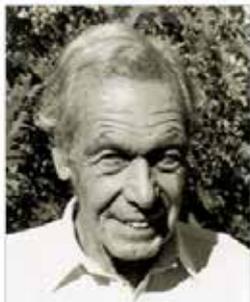
Leigh, our president is enjoying the delights of Spanish bushwalking at the moment so I am giving my piece in his place. The delights of walking in our local area seem just as good as Spain with lovely crisp mornings, clear horizons and generally good weather that maximizes the enjoyment of bushwalking at this time of the year. And for those of you lucky enough to overnight in the bush do you notice how extra bright the moon is in winter.

The very special feeling of accomplishment after a good walk was brought home to me in a stunning way when I and many others attended the May 21st social night where Ian Thorpe and Yuri Bolotin presented their story of the complete north-south traverse of Wollemi National Park. This was a remarkable achievement by any standard and encapsulated for me the essence of what brings us all together into a bush walking club; the joy of being out there amongst the real world and with like

minded companions.

I would like to remind you that there is an invitation to all SBW members to attend the Alex Colley memorial Symposium on 29th June at the Hawkesbury Campus of the University of Western Sydney, held in honour of Alex, SBW's longest lived and one of our most celebrated members who was the last of the legendary Tiger Walkers. See the invitation below. The keynote speaker will be Bob Carr.

The winter activities program is chocked full of opportunities to see the "real world" and I wish you all great walking. We have the mid winter feast coming up on 16th July which is a great time to socialize and get warmed up with the Glühwein and other great concoctions. I hope to see you there when Leigh will be back with tales from the Spanish Camino de Santiago.



Alex Colley OAM, BEc, HAD
Alex graduated from the then Hawkesbury Agricultural College in 1928. He used his skills as an economist and his knowledge from his HAC days to develop his policy briefs and campaigns. With the Colong Foundation for Wilderness, his major achievement was the Greater Blue Mountains World Heritage Area.

The UWS Hawkesbury Foundation in conjunction with the Colong Foundation for Wilderness and the University of Western Sydney is presenting this event to celebrate Alex's life and achievements.

'Without Alex, there would be little wilderness protected in this state' Bob Carr

Photo: 'Gardens of Stone' by Henry Gold

All are welcome to attend
the UWS Hawkesbury Foundation
Alex Colley Memorial Symposium

Invitation

'21st Century Wilderness'

Keynote speaker:

The Honorable Bob Carr

Sunday, 29th June, 2014, 2:00 pm to 4:30 pm

Memorial Hall, Hawkesbury Campus
University of Western Sydney
College Drive, Richmond NSW

RSVP by 13th June to: sustainability@uws.edu.au
or Helen Angelakis, 4570 1000

I would like to support the Alex Colley Memorial Symposium via a tax deductible donation to the UWS Hawkesbury Foundation Trust, either by Direct Bank Deposit as details below, or via the Credit Card form linked to the covering email for this invitation.

BANK DEPOSIT

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BSB: 083-088
Account No: 55 045 1367

If you require a tax invoice for your donation, please email amount and date deposited to: sustainability@uws.edu.au



Vale Joan Hannan

Jo van Sommers



Joan joined the Sydney Bush Walkers in 1979 at the age of 49. She was not young, but she was very fit from early morning swims, every day of the year, running along the beach, doing a Tai Chi routine on the rocks, and finishing with a brisk walk home. She was well known at Bronte, Tamarama, Coogee, Clovelly beaches, for her fearless attitude to the fiercest waves. She expected those who went in with her to be equally capable, sometimes with pathetic results.

Although she had never carried a pack before, Joan took to doing long hard backpacking walks - Kowmung River, The Budawangs, Kosciusko N.P., and many trips to the Top End. On one memorable occasion in the Bungle-Bungles (as they were then called) she was the first in the water and helped others through the long dark scary swim through underground caves to get to a natural amphitheatre. On another trip in Kakadu the leader of Willis' Walkabouts introduced the group to couscous.

Joan didn't like it one bit, and when she didn't like something, you knew about it. She chucked hers behind a bush and said she'd fill up on dessert. Unfortunately that night there wasn't any. We heard about it for the rest of the trip.

Joan was on the last trip led by Alex Colley along the southern beaches, and an earlier trip led by Helen Gray in the same area. She did a day walk most weekends when she was not away, and was particularly fond of Kangaroo Creek and the Royal National Park. A swim was always very likely, especially when Joan was the leader.

She also loved the Blue Mountains, and travelled by train, as bushwalkers used to do.

In later years Joan was very active with the Bush Club. She was on the Hume and Hovell Track with Don Brooks, in the far West of N.S.W. and the Grampians with Michael Pratt, on the traverse of Hinchinbrook Island followed by a 4-Wheel Drive expedition to Cape York. The beach at the Tip, with cruising salties, was one of the few places Joan didn't have a swim although she had braved the creek on Hinchinbrook where salt-water crocs were rumoured to frequent, rather than take the long inland detour. She never mastered the MSR, and on a very wet trip in the Border Ranges when fires were impossible, her attempts to get the stove going having failed after producing sheets of flame which flickered out, she either flung the offending machine into the rainforest or hid it away - she wouldn't say. This would have been fine, except I was sharing it with her.

Joan also walked with the Ramblers but I never shared these trips with her. She fought off the Parkinson's disease that eventually took her life after 14 years of gradually increasing loss of balance and confidence - she who ran around the cliffs at Tamarama like a mountain goat - and her indomitable spirit was finally quenched on the fourth of May, 2014.

New members

The committee approved the following new members at the April meeting:

Alan Silva
Thuy Ho
Sheila McDowall
Melinda Long

Steve Willems
Catherine Hoare
Angela Beveridge
Marianne Davies

Collector edition of the magazine available

Caro Ryan

I have 14 copies of the club's October 1952 Silver Anniversary issue of the Sydney Bushwalker to give away.

Great articles by Myles Dunphy and Alex Colley, plus lots of other interesting bits and pieces.

These are a donation from Wilf Hilder's estate.

If anyone would like a copy, please email me at caroryan@me.com



NavShield 2014

Vivien de Remy de Courcelles

Registration for NavShield is now open from the BWRS website. NavShield is a rogaining type event that is also the main fundraiser of the BWRS, the search and rescue arm of bushwalking NSW that also provides clubs with well priced first aid courses.

This year's course offers some spectacular views, surprising rock formations, delightful creeks and gullies. There are often hanging clouds in the valleys enhancing the vista from some of the checkpoints in the early morning.



Volunteers needed for Oxfam Trailwalker

Beth Gwodz

This year, Oxfam Trailwalker Sydney is being held from **Friday 22nd – Sunday 24th August 2014** and we need **700+ enthusiastic volunteers** to help us out over the event weekend. The trail runs through the Great North Walk and the Harbour to Hawkesbury Walking Track in the bushland of northern Sydney from Brooklyn to Mosman. There

are a variety of roles to be filled over the event weekend and each shift is approximately 6 – 8 hours long. Interested? Register here: https://trailwalker.oxfam.org.au/sydney/volunteer/register_form.

Any questions, please don't hesitate to contact Beth on 02 8204 3924 or twvolssydney@oxfam.org.au

50th Anniversary of the first ascent of Big Ben/ Mawson Peak by SBW Members

Ian Wolfe

At 2745m Mawson Peak on Heard Island is our highest peak. In 1954 Warwick Deacock, an Honorary Life Member, organised an expedition which amongst other notables included Colin Putt (one of Australia's pre-eminent scientists and explorers), to conduct a range of scientific experiments on the island (and to attempt the ascent if the weather allowed). Against great odds both objectives were attained and are commemorated in the two excellent videos which can be found at: <http://www.theaustralian.com.au/50th-birthday-news/how-rupert-murdoch-backed-a-nations-bold-adventure/story-fnm97ei-1226920914587>

The first video "Meet the Mawson Peak Men" goes for 6 mins with a sound track and the second video "Climbing Mawson's Peak" goes for 13 mins with captions. The second video also includes some very rare footage of the legendary "Puttmobile" which Colin built as a pioneering form of bushwalker transport - for many years in the 50s & 60s it ferried SBW members to and from a vast array of pioneering buskwalking trips. If you look hard you can also see the curtains Dot Butler made for the portholes of the good ship *Panarella* (Warwick introduced Dot to the old farm that we subsequently purchased as Coolana, our very own Conservation Reserve)

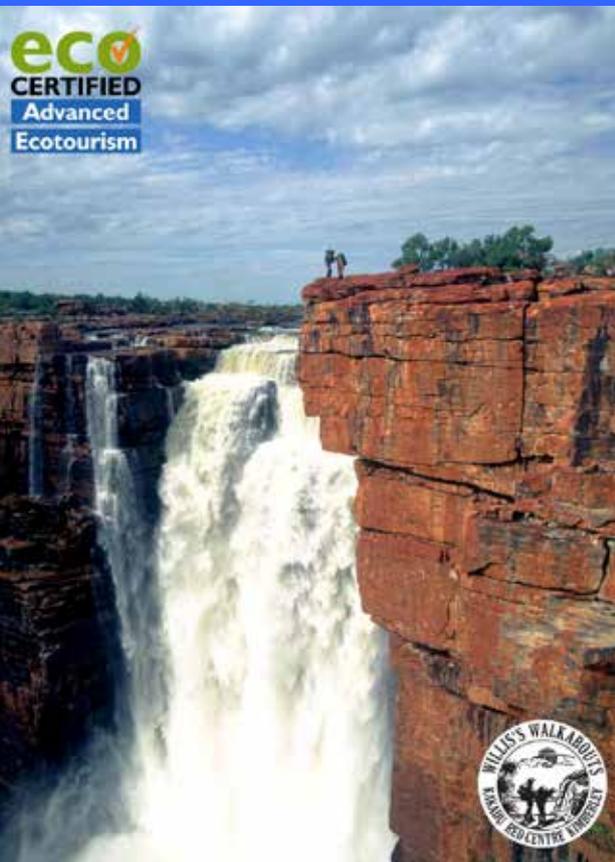
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Around Mount Banks

25 May 2014 - Leigh McClintock



There is a track from the carpark up the north flank of Mt Banks to its summit. There is also a fire trail that goes around the east side of the mountain and extends south to a couple of splendid lookouts across the Grose Valley to the marvellous cliffs of Lockley Pylon and Cocker Head (Perrys Lookdown). Plan A was simply to hike up over the mountain, come down onto the fire trail, walk out to the lookouts for lunch, and then follow the fire trail back to the cars.

However, the NPWS website informed me that "Mt Banks walking and cycling track" was/were still closed as a result of the bushfires last October.

What does that mean? A phone call to the Service's Blackheath office produced little light on the subject, but did result in a negotiated access deal; we should stay off the mountain, but everywhere else was OK. Fearing a chance meeting with a ranger who might take a less relaxed view of what "closed" means, and not wishing to attract too much attention, I kept numbers down. I knocked back several would-be participants; with the benefit of hindsight I was probably being over-cautious.

Plan A without Mt Banks would have left nothing but a road bash - too short and boring, so I decided to fill in the morning by replacing road bashing with bush bashing. From the car park we headed into the headwaters of King George Brook, then struck a course more or less midway between the Brook and the fire trail. This required us to cross several tributaries of King George Brook, and proved extremely successful as a method of soaking up time and energy. After about two km in two hours, we all agreed we'd had enough. We climbed back up to the fire trail, and followed it south to Frank Hurley Head, where we had lunch. The views from there are simply fantastic.

On the way home we all stopped at the Tutti Frutti café at Bilpin - Terry's recommendation. It had been such a warm day that we were all happy to sit outside in the garden, even as sunset approached.

Winter Social Program

18 Jun, Bibbulmun Track, WA. The Bibbulmun Track is one of the world's great long distance walk trails, stretching 1000km from Kalamunda in the Perth Hills, to Albany on the south coast, winding through magnificent Jarrah and Karri forests and dramatic coastlines in the heart of the scenic South West of Western Australia. Walking the beautifully set-up track is a wonderful physical and meditative experience that should not be missed. Join Bruno De Villenoisy, Sandra See and Steve Willems as they share their adventure with you.

16 Jul, SBW Midwinter Feast. Fabulous SBW Midwinter Feast, drinks provided, bring a plate. More details closer to the time.

20 Aug, Overland Track, Tasmania. Robert Carter (and friends) will discuss a recent club trip along the iconic Overland Track in January 2014 that turned into a real adventure for the group including the story of the missing boot on Day 3 and getting back to nature with our very own 'Possum Man'. Illustrated with many great photos of this most scenic area in Tasmania and the extreme conditions that 'Huey' threw in for good measure! A number of the walking party will be present to answer any questions and provide different perspectives as for most this was our first walk in Tasmania.

If you have any ideas for social events, contact Jan Spencer and Tracey Avolio: social@sbw.org.au

All meetings are held at the Kirribilli Neighbourhood Centre, Fitzroy St Kirribilli within easy walking distance of Milson's Point station. Club members meet before the social evenings at the Mad Italian, a cheap and cheerful Italian restaurant just around the corner from the KNC in Broughton St Kirribilli. Why not come along and join them, from 6.30 on.

The SBW Magazine Project - Update

Richard Pattison

Tom Brennan has embarked on a journey to digitise all SBW magazines dating back to 1931.

The Tiggers hosted a magazine night in May with 6 members attending and 2 "virtually" through skype in NZ. We learnt:

- In 1985 Nancy Aldersom had too close an encounter "I thought I felt a breeze on my hand. I looked aroun and to my astonishment a 5 foot copper head snake was crawling across it!".

- In the 1930's Richard Croker had a cold time

on Kosciuszko: "we gave up hope of morning tea when after an hour, the ice had only partly melted in the billy on a blazing fire. They make tough ice on the Aussie Alps!".

We need help! Anyone can help

Tom has developed a website for the project, where you can start contributing within minutes: <http://sbw.ozultimate.com/wiki/start>.

Magazines

763

Completed

29 (3.8%)

Completed in May

7

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Tracks and Access Report

David Trinder

Bushwalk leaders should refer to the following web site for alerts for the area in which they are walking. This report includes relevant extracts from the "Alerts" section of the "National Parks and Wildlife Service Visitor Web Site, <http://www.nationalparks.nsw.gov.au>. For further information refer to the link.

Last update: 10 April 2014

- 0 park currently affected by fire
- 82 parks with closed areas
- 13 fire bans
- 3 Hazard Reduction Burns
- 2 Parks with upcoming closed areas

For hazard reduction burning information, major wildfire updates and a list of all current incidents in NSW, please visit the NSW Rural Fire Service <http://www.rfs.nsw.gov.au/>.

Blue Mountains National Park

Fire-affected areas remain closed

NPWS is conducting risk assessments of fire - affected areas in an effort to re-open sites to the public as soon as possible. Until assessments and/or required work is completed, the following areas remain closed:

- Pierces Pass picnic area and Hungerford's Track (picnic area and road open)
- Mt Banks walking and cycling track
- Track to Victoria Falls (picnic area and road open)
- Victoria Falls to Burra Korrain and Blue Gum walking track

Please continue to check the website for further updates, as re-openings will be posted on a regular basis.

Canyons previously closed after last summer's wildfires are now open

Locations affected: Mount Banks Summit walk, Mount Banks Road cycle route, Pierces Pass to Blue Gum Forest walking track

The Overcliff Track between Lyrebird and Breakfast Point lookouts remains closed due to storm damage.

Budawang National Park

Due to a recent wild fire in Budawang National

Park and southern Morton National Park. The public is advised to take caution whilst in the area and remain on tracks and trails. For more information phone NPWS Ulladulla.

Ku-ring-gai Chase National Park

The Smugglers track is currently closed to allow for a low level viewing platform and stairway to be installed as well as the adjoining track upgraded and minor landscaping.

Access to Barrenjoey is via the trail. Building maintenance is also in progress.

Morton National Park

Due to environmental damage the Tianjara Fire trail is closed.

Old Burrier Firetrail is closed for construction work. The alternative route between Yalwal and Burrier is via Yalwal Road and Burrier Road. Due to environmental damage the Tianjara Fire trail is closed.

Myall Lakes National Park

Blue-Green Algae Alert for Myall Lake

Royal National Park

Jibbon Aboriginal Rock Engraving site is temporarily closed for the undertaking of site protection works. The engravings site will reopen 31st July, 2014 the surrounding walking tracks remain open.

Sydney Harbour National Park

Bradleys Head improvement works (Ends Tuesday 8 July)

Work is being undertaken to improve access from the lower carpark and toilets to the mast and headland. During this period we would ask visitors to follow signage and verbal directions from the work team. Walkers may experience minor delays or detours around the track whilst improvement works are undertaken.

Locations affected: Bradleys Head to Chowder Bay walk, Bradleys Head Amphitheatre

Walks and Activities Report

Emmanuelle Convert

Leaders: After the activity, please email completed Walks Attendance Form and Activity Report to: walksreporting@sbw.org.au Please keep the signature sheet as this is a legal document. If you want your report to be published as an article email the report and any photos (jpeg or tiff format) to editor@sbw.org.au.

It would be nice to have photos in this section: send one or two photos to the editor for inclusion.

15 Mar 2014 Wild Dog Mountains Blue Mountains NP

Short notice walk. An enjoyable day's walk. We met in Blackheath at 8am. One person didn't turn up. When we arrived at Carlon's Farm there was evidence of a significant storm: leaf litter, fresh erosion channels and hailstones on the ground. It was a sunny morning, not hot or cold. We had morning tea between Lyrebird Point and Breakfast Creek. On the ascent of Faithful Hound Ridge Michelle got within a metre of a wombat before Michelle and the wombat saw each other; the wombat fled down the ridge. On this ascent rocks being dislodged and hurtling down the ridge were a hazard. We had lunch at the top of Faithful Hound. In the afternoon we descended a spur of Blackhorse Ridge that is north of the lookout places on this ridge; the base of this spur is near the Norton's Gully/Breakfast Creek junction. We began our ascent of Bellbird Ridge just downstream of Norton's Gully. During this ascent rain started however it was not heavy enough for everyone to put wet weather gear on. The rain had stopped by the time we reached the top of the ridge. We were back at the cars before 5pm.

Chris Dowling

Tim Sutherland
Margaret Rozea
Barbara Ladorczfalvi
Joe Ladorczfalvi
Owen Kimberley
Michelle Powell



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Bushwalking NSW magazine is available for
downloaded at:

www.bushwalking.org.au/mag.html

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22 Mar 2014 Galah Canyon Wollemi NP

This trip was a rescheduled walk from earlier in March due to an extremely wet week and weekend, so we were all hoping for a drier trip, well the gods had other ideas with rain predicted later in the day.

The trip started on a cool overcast day, we completed the 4 km's walk in on a well used track and arrived at the start of the canyon and got changed into wetsuits and abseil gear, the first bit has a series of pools and rock water slides to our first abseil which was a 10 metre this is normally a tricky climb down around a large tree and slippery rock ledges but as everything was wetter than normal we abseiled it, the canyon then opened for a while up with lots of rocks and dead timber across the creek, then a sloping rock slab like creek bed which made a great slippery slide until you realised the main 23 metre abseil was directly below (guess who found out about this first). The canyon then closed into a slot canyon, our next abseil was a 6 metre with a tricky start followed almost immediately by the next 3 metre abseil with another tricky start which looked easy but gave most problems. The canyon continued with swims, rock hopping and waterslides with the occasional short but necessary abseils (I think there were 4-5 more abseils) which everyone enjoyed and wondered what was coming up next. Eventually the canyon opened up to have Rocky creek below, so we took the exit track upstream to the 6 metre rock climb out, we sent Alan up first to rig a top belay and everyone climbed up without incident, we then followed the track to the top of the cliff line for lunch and got changed. The weather threatened to rain and a bit of thunder but we were still dry, we then had to backtrack up the valley above the canyon, to which I mentioned we were lucky it was not raining and right on cue it started to rain, fortunately Lucy found us a rock overhang to shelter under for about 15 minutes and the trip continued back up to the base of our first abseil, which now we had to climb up, fortunately a rope left there made this easier than expected. We then backed tracked out of the canyon and back to the cars without any further rain. As most of us were camping at Barcoo swamp we went back to camp for a well earned cold beer (I really like car camping) and campfire to discuss our adventure.

A very interesting and enjoyable canyon with thanks to Rod and Alan in helping to set up and packing up the abseils.

Terry Moss

Isabelle Moss
Lucy Keatinge
Melinda Turner
Rod Wales
Alan Osland

*Have you seen the latest Colong
Foundation Bulletin?*



*If not, you can download it from the
Colong Foundation website at:
www.colongwilderness.org.au*

Can't think of a walk to lead?

There are well over 1,000 overnight and extended trips outlined in the Historical Walks Database, found by logging in to the Members Area on our website and following the link to Historical Walks Record

www.sbw.org.au

Here you will find a list of all the overnight or extended walks run by the club from its inception to the present day. Look at the region you are interested in and see what walks have been done there in the past!

Use this wonderful resource to help plan your next walk!

<p>23 Mar 2014 Closet Canyon Blue Mountains NP</p> <p>This trip was a rescheduled walk from earlier in March due to an extremely wet week and weekend, so we were all hoping for a drier trip, well the gods had other ideas with rain showers predicted later in the day (which was the same forecast as the previous days canyon, Galah).</p> <p>After staying at our car camp at Borocco Swamp we went to our start point on Galah ridge road. We set off in cool and overcast conditions and wondered what the weather would bring? As this trip was not done by anyone in the group before we missed the access track at the start and spent a while locating it and were soon back on track to the canyon. After about 4 kms we got to the start of the canyon were we changed into wetsuit and abseil gear for our first abseil from a side creek. The canyon soon closed into a slot canyon and the next of several abseils or rope climb downs into pools and debri fields, this continued for a quite a while and then the canyon opened up and the creek disappeared down to the left to the last abseil a 40 metre pitch or two 20 metre pitches with a transfer on a chock stone, we opted for the transfer as it made rope retrieval much easier. A short walk later we were at the Rocky creek with a short walk upstream for lunch and our exit point. The climb out was steep and there is a section of rock walls with tree roots on them but generally was uneventful. We reached the top of the cliff line to the sound of thunder but no real rain. We then backtracked out the way we came to the Cars.</p> <p>A very different canyon to the previous day as the rocks were broken and shattered in the canyon and the canyon had a lot of debri in it giving it a messy appearance. A special canyon with a great group.</p> <p>Thanks to Neil, Rod and Neil for all the help on the day in setting up and packing up the abseils.</p>	<p>Terry Moss</p> <p>Isabelle Moss Lucy Keatinge Rosemary Macdonald Melinda Turner Rod Wales Alan Osland Neil Soutar</p>
<p>29 Mar 2014 GNW Stage 1 Lane Cove NP, other reserves</p> <div style="text-align: center;">  </div>	<p>Frances Bottrell</p> <p>Nicola Thomson Barbara Laborcz Glenn Draper David Trinder</p> <p><i>P Members</i></p> <p>Lyn Hungerford Wendy Drapac</p>



SBW members are eligible for Free Paddy Pallin Club membership.

Take along the Paddy Pallin ad in this newsletter and they will honor this offer!

<p>18 Apr 2014 Katoomba Circuit Blue Mountains NP</p> <p>Yet another great day in the Blue Mountains. Beautiful weather, spectacular views, good company and lots of Hot Cross Buns to fuel us on our Good Friday walk.</p>	<p>Frances Bottrell</p> <p>Huw Ap Rees Alan Carpenter Peter Cai Nicola Piper Uwe Seil Helen MacDonald John Flint</p> <p><i>P Members</i></p> <p>Paul Maddock</p>
<p>21 Apr 2014 The Four Stairways of Federal Pass Blue Mountains NP</p> <p>Another beautiful day to finish off the Easter long weekend. Everyone enjoyed zooming up and down (especially Bruno's young sons) all the stairs along the Federal Pass. Great training walk to get the legs moving without having to clock up too many Kms.</p>	<p>Frances Bottrell</p> <p>Monica Matisan Bruno De Villenoisy</p> <p><i>P Members</i></p> <p>Tina Hsu Melissa Suen Marianne Davies</p> <p><i>Visitors</i></p> <p>Thibault De Villenoisy Mostyn De Villenoisy</p>
<p>2 May 2014 Mystery Mountain-Zobels Point-Zobels Gully Wollemi NP</p>	<p>Yuri Bolotin</p> <p>Daryl Watson Chris Dowling</p>
<p>3 May 2014 Devils Hole Blue Mountains NP</p> <p>Fun, lively group braved the cold, wet conditions. Before setting out, the drenched group agreed to shorten the walk. Rain stopped as we descended, and had nice weather until coming up through the Hole, then re-exposure to cold, windy conditions (4 degrees at lunchtime). We beat a retreat to a cafe in Katoomba for lively conversation, coffee and food.</p>	<p>John Kennett</p> <p>Robert Carter Petros Nikoloudis Tracey Avolio John Flint Jim Close Lin Kennett</p> <p><i>P Members</i></p> <p>Carolina Cordero Deborah Ng Jay Abeysinghe Alice Yang Loiuse Kiddell Sheree Symonds</p>
<p>3-4 May 2014 Hollander River and Black Banksia Creek Kanangra-Boyd NP</p> <p>A bit of snow and sleet on the drive in on the plateau. ☺ Old fisherman's hut on the Hollander gradually falling into decay. Once down in Chardon Canyon we tried to walk back up thru it, with varying degrees of success, lots of blackberry! Camped at Box Creek/Hollander junction. Enthusiastic wood collecting, enthusiastic bonfire building, every one helped, it was COLD! Less cloud on the Sunday as we worked our way Box Creek and it's magnificent falls.</p> <p>See photo on next page</p>	<p>Melinda Turner</p> <p>Lisa McCarthy Ann Marie Currie John Currie</p> <p><i>Visitors</i></p> <p>Tam Khuat</p>

<p>4 May 2014 Glenbrook to Faulconbridge Blue Mountains NP</p> <p>We had a glorious day with the early rain blowing through much earlier than expected and being down in the gorge we stayed out of the line of the strong winds. It was a bit too cold to swim in any of the wonderful pools we walked past. The leader demonstrated how not to cross the creek at the first crossing by falling in, nothing hurt other than pride and being covered in green slime. The group did well and we were very glad to arrive at Faulconbridge station just in time to make the 5:01pm train.</p>	<p>Rachel Grindlay</p> <p>Stephen Dolphin Sally Reynolds Neil Cartwright</p> <p><i>P Members</i></p> <p>Sue Cartwright Aman Singh Julie Rea Glenn Gunning Sheila McDowall</p>
<p>4 May 2014 Pindar Cave Brisbane Water NP</p> <p>A very nice sunny day with a fun group. We found a sunny spot at Pindar cave for lunch whilst being sheltered from the wind. We were entertained by a group of walkers sprinting at the station only to wait for another 20 minutes for the train to arrive.</p>	<p>Vivien de Remy de Courcelles</p> <p>Jan Spencer Emmanuelle Convert Misako Sugiyama</p> <p><i>P Member</i></p> <p>Raechel Kercher</p> <p><i>Visitor</i></p> <p>Justine de Remy de Courcelles</p>



<p>4 May 2014 Abseiling workshop Wahroonga Rocks</p> <p>A heads up from Nicole meant that we were able to get ourselves set up on the prime drops before a large UTS crowd arrived. A good day out on the rocks. Thanks to Terry Moss and Sue Bucknell who volunteered their time to assist with running the day, belaying, setting up and coaching everyone.</p>	<p>Tom Brennan John Flint John Kennett Tracey Avolio Kerry Atkins Rosemary McDonald Mike Arnott Sue Bucknell Terry Moss</p> <p><i>P Members</i></p> <p>Nicole Mealing Paddy Aicken</p>
<p>10 May 2014 Wild Dog Mountains Blue Mountains NP</p> <p>Angela Barton was recovering from surgery so I led this walk in her place. We ended up with a party of 9 which is OK because we may have been incorrectly instructed in writing concerning maximum party size in this area of the Blue Mountains National Park a couple of years ago. I have not been up Blackhorse Creek and was pleasantly surprised at the ease of walking. There was nettle in a couple of flat areas not shown on the map but less than the nettle in Carlon Creek. Tim Hager prevented me from taking the party incorrectly up Bad Dog Gully by turning his head and noticing a second creek which meant we had arrived at the spur below Bad Dog Deck. Navigation is often a team effort when nobody has been in that spot before. The climb to Bad Dog Deck starts off very steeply and is a solid workout which tested the party. The conglomerate cliffs below the end of Bad Dock Deck are particularly attractive and the deck above is a bit of an anticlimax. However there is a spot with an excellent view on the eastern side. Lunch was taken at the end of the more sheltered Bad Pup Deck with the best view of the car park amongst other things. A cairn hater had kicked and distributed the cairn rocks at the end of Cattle Dog Ridge though the reflector is still there. The top of Cattle Dog Heeler Spur two took a little effort to find as it is not visible from the wide ridge top area. The spur led down to Frying Pan Flat and afternoon tea. Another solid climb to the Ironpot Mountain ridge in fading light up the Pots and Pans spur had us donning head torches for the slippery track descent to Galong Farm. We reached the cars at 6pm ending a very pleasant day in good company.</p>	<p>Stephen Brading</p> <p>Dirk Goes Robyn Christie Tim Yewdall Tracey Avolio Genevieve Savill</p> <p><i>P Members</i></p> <p>Shelia McDowall Angela Beveridge Tim Hager</p>



<p>0 May 2014 Mt Kuringgai NP Handline Practice Ku-ring-gai Chase NP</p> <p>When a leader encourages you to throw their pack off a 10m drop they say 'just give it a little kick!' On a sunny and humid Autumn day, 9 people met at Cowan to carry ropes and tape into the wilderness. We observed how to find a good handline and pack haul location, clambered up rock formations, successfully completed a packhaul of 10m, and numerous holding techniques for handline practice – several people going almost horizontal on the short descents.</p> <p>Everyone had a good time with comments that 'this really is fun...' leading to a reluctance to packup the gear. After a short sprint, the party made it back for the train safe and sound.</p>	<p>Lisa Sheldon</p> <p>Robert Carter Jim Close Kerry Atkins Nigel Wingate</p> <p><i>P Members</i></p> <p>Deborah Ng Melinda Long Carolina Maria Quesada Cordero Svet Orrock</p>
<p>10 May 2014 Wild Dog Mountains Blue Mountains National Park</p> <p>Started nice an early on a beautiful day 8am for morning tea we took in spectacular views of upper Carlons & Breakfast Creek. Continued onto Mt Dingo with a challenging ascent up chains to Splendour Rock for Lunch.</p> <p>Near the top of our ascent we heard a dog whining & looked back down to the base of Splendour Rock to see a little white Maltese Terrior. Alan Osland retrieved the Dog who we called Lucky. After talking to a camper we learned that Lucky followed Him all the way from Dunphy's camping area to Mt Dingo.</p> <p>After lunch Lucky had a luxury tour of the Wild Dog's seated in Alan's backpack with all meals & drinks included from Mt Dingo taking in more views at Knight's Deck all the way back to Galongs with the last hour or our adventure completed in the dark returning to Galong's Farm at 6.50pm.</p> <p>The owners of Carlon's Farm casually informed us that Lucky wanders around all the time & to drop Her off at the Top Cattle Gate. Just as we closed the Top Cattle Gate Lucky's owner was returning home & was reunited with Her grateful owner who calls Her Honey.</p> <p>An interesting, enjoyable day spent in good company in the amazing Wild Dog's.</p>	<p>Alan Carpenter</p> <p>Alan Osland Wayne Gardner</p>



<p>10-11 May 2014 Two Peaks Kanangra-Boyd NP</p> <p>In good weather and a reasonable forecast 7 men set out on the K2K track across the Kanangra Plateau heading for Mount Cloudmaker. After visiting this mountain we left Roar Saddle and headed down an 800 m hill past the cliffs of Marooba Karoo to Thunder Bend on Kanangra Creek which we arrived at just before dark, The camp site worked well and the creek water was good. Some people retired early because they had woken that day at 4 AM. After breakfast on Sunday we climbed an 850 m steep untracked hill until lunch at the cairn of Mount Paralyser, our second peak. The afternoon was spent walking over several small mountains on a bearing of 220 degrees until we reached the Kanangra Road minutes before the sun reached the horizon. It was a hard walk but we were all pleased that we had done it.</p>	<p>David Trinder</p> <p>Rick Martin Christopher Birch David Angell Ted Nixon John Flint</p> <p><i>P Members</i></p> <p>Garry O'Toole</p>
<p>11 May 2014 Exploring Garigal Garigal NP</p> <p>The weather was excellent as well as the party. I had left all of my options open to decide what to do on the day based on weather conditions and number of people and the fitness level. The walk went very well and we bashed as much bush as possible. You can find track log from here:</p> <p>http://connect.garmin.com/activity/498569041</p> <p>Here is a post that Paddy Aicken put in his weblog about this activity:</p> <p>http://thegracefulcyclists.wordpress.com/2014/05/11/sbw-abseil-and-explorer-days/</p> <p>And some photos that Kahlil took and shared with us:</p> <p>https://drive.google.com/folderview?id=0B0p91vRKBxIMVzZpVGFTcEpLMWM&usp=sharing&tid=0B0p91vRKBxIMMXI3N2c5ajY3dGs</p>	<p>Shahram Landarani</p> <p>David Bell Natalia Veinberg</p> <p><i>P Members</i></p> <p>Braith Boyton Marianne Davies Paddy Aicken Glenn Gunning</p>
<p>13-15 May 2014 Wondabyne to Yarramalong Great North Walk</p> <p>We started from Staples Lookout (taxi from Woy Woy) instead of from Wondabyne because I thought it would be more interesting. Maybe, but it was definitely longer. We made it on Tuesday to old Mooney Mooney dam – nice water but no genuinely flat camp spaces, and no flammable wood. The next day was similar; the promised grassy camp flats at Stringybark Point on Ourimbah Creek were nowhere to be seen. It was a pity, because the walk itself was lovely, only marred by our inability to have a campfire.</p> <p>The course on the final day climbs 200 m out of Ourimbah Ck, only to immediately turn and plunge right back in again! (Actually it goes into Dead Horse Ck, a tributary of Ourimbah Ck.) In the process, it describes a huge westerly loop. I decided to avoid the last down/up by doing a little road bashing, and cutting off the loop. This got us to Yarramalong about 11 o'clock. Don sweet-talked a local resident into giving us a lift into Wyong, for the train home.</p> <p>The western loop we cut off on the third day would make a good day walk. I'll put it on the spring program.</p>	<p>Leigh McClintock</p> <p>Don Andrews</p>
<p>15 May 2014 Altar Room - Point Height 869 and back Wollemi NP</p>	<p>Yuri Bolotin</p> <p>Tim Hager Michael Keats</p>

<p>17 May 2014 Shark Rock Ridge Frolic Ku-ring-gai Chase NP</p> <p>Fantastic weather for what was to be a challenging trip. Despite track work, everyone met on time however we were delayed when the leader realised that he had left his map case back next to the car at Berowra Station – a quick jog back approx. 1km was required to retrieve ! As with some walks, the plan was sound, the conditions perfect however the terrain was not kind with very thick scrub encountered along Shark Rock Ridge only to get thicker as we descended to the saddle along our destination unnamed ridge. Lunch was had on a new lookout overlooking our destination with views to Lion Island and out through Broken Bay. The descent down Folly Spur to the upper reaches of Jerusalem Bay was 'interesting' however navigationally speak it was near perfect.</p> <p>There was a lot of experience on this walk and it was great to share the navigation tasks with some of the best and to gain their support throughout. This being said, there was a fair amount to reluctance to head up front push through the scrub, however one of our enthusiastic Prospectives took a turn and did a marvellous job.</p> <p>Well done to our three Prospectives who gain a lot of experience in the thick off-track terrain and congratulations to Ros Thorpe one completing her first walk with the Club (a baptism by fire!).</p> <p>A great day was had and all is well for a return in the not too distant future to reach the elusive goal out near Little Shark Rock Point.</p>	<p>Robert Carter</p> <p>Petros Nikoloudis Angela Beveridge Graham Conden Genevieve Savill John Kennett Tracey Avolio Jim Close Bruno De Villenoisy Ian Thorpe</p> <p><i>P Members</i></p> <p>Susan Healey Nicole Mealing Ros Thorpe</p>
<p>17 May 2014 Neubecks Spur and Hermit Spur Ben Bullen State Forest</p>	<p>Yuri Bolotin</p> <p>Thuy Ho Damon de Costa</p> <p><i>P Members</i></p> <p>Monica Eckert Remko ten Bruggencate</p>
<p>17-18 May 2014 Wolgan Valley Canyoning Wollemi NP</p> <p>A bigger w/e than planned, descending Exit canyon on Saturday morning to retrieve a friend's rope. We reached camp mid-afternoon, then fixed some ropes through the cliffline for our pass the next day, before a good night around the campfire. Copper canyon was completed before morning tea on Sunday, we had lunch with spectacular views and then descended an unknown canyon Sunday afternoon, reaching the cars right on dark. An action packed w/e.</p>	<p>Richard Pattison</p> <p>Melissa Thomas Sue Bucknell Alan Osland Lucy Keatinge</p>

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If you are not a member of GG, sign up at <https://accounts.google.com/>.
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www.facebook.com then add our page

<p>17-18 May 2014 Lawson Ridge Training Walk Blue Mountains NP</p> <p>Five prospectives demonstrated skills required to navigate off track, terrain varied from thick scrub to open ridge walking, encountering the odd accent and descent we practiced hand line assisted rock scrambling topping off the walk with a little rock hopping and a steep ridge climb we were rewarded with an inspiring view into a very deep and narrow section of Wentworth Creek.</p> <p>A well rounded walk gave us many opportunity to discuss the dangers encountered while bushwalking and the treatment and prevention of injuries with the use of first aid and bush craft, all the time practicing a minimal impact approach to walking and camping.</p> <p>A successful weekend that all participants took in there stride.</p>	<p>Brendon Anderson</p> <p><i>P Members</i></p> <p>Alan Silva Jenny Zaman Christien Blaygor Nathanual Hebbard Amanda Mallon</p>
<p>19 May 2014 Wollemi NP</p>	<p>Yuri Bolotin</p> <p>Tony Holgate Michael Keats</p>
<p>20 May 2014 Mill Creek Circuit Dharug NP</p> <p>A beautiful day, no one at the Mill Ck picnic area. The circuit walk is very pretty and, though good exercise, rather short. So we added a ridge-top bush bash to a high point (about 250 m) about 2 km to the north of the northeasternmost point of the circuit. Apparently other people have had similar ideas – there were lots of informal paths, and cairns, in the area. It was Graham’s birthday, so we all sang him “Happy Birthday”, and ate a big piece of birthday cake that Jan had brought.</p>	<p>Leigh McClintock</p> <p>Jan Spencer Graham Byrne</p> <p><i>P Members</i></p> <p>Lynn Dabbs</p>
<p>22 May 2014 Bell - Wollangambe River - Bell Blue Mountains NP</p> <p>Almost whole track covered by the burnt branches. However, new generation of the trees/vegetation are growing up. No one knows there is no track go to the Wollangambe River. We decided to go down to the river by off track. Descend 20m. Little bit hard but everyone happy & enjoy to explore.</p>	<p>Rosetta Lee</p> <p>Jan Spencer Graham Byrne Stephen Brading Chris Dowling Karen Kool Graham Conden Glenn Draper</p> <p><i>Visitors</i></p> <p>Barbara Mitchell</p>
<p>24 May 2014 Govetts Leap Blue Mountains NP</p> <p>A beautiful day greeted us all with magnificent views from Govetts Leap. We enjoyed the surrounding wilderness & each others company & had lunch at Lockleys Pylon. Descending Du Faurs spotted a Whip Snake which obligingly moved on its way. Admiring the scenery halfway down Du Faurs we meet a group of Women known as Women On Top chatting away whilst taking on the ascent which is a commendable effort.</p> <p>Regrouped & recovered at top of Perry’s & moved onto Pulpit Rock for more Blue Mountains scenery & made it back to cars in fading light a good day was had by all.</p>	<p>Alan Carpenter</p> <p>Petros Nikoloudis Wayne Gardner Natalia Veinberg Jim Collier Carley Finn</p>
<p>24 May 2014 Goolara Peak Blue Mountains NP</p> <p>An enjoyable day with no dramas. Good amicable group and good weather. Walk finished at 4.30pm.</p>	<p>Chris Dowling</p> <p>Owen Kimberley Michelle Powell Karen Kool John Flint Bruno De Villenoisy John Kennett Kevin Songberg</p>

<p>24 May 2014 Basic Skills Workshop Centennial Park</p> <p>A well-attended training day for an enthusiastic group of Prospective Members held in Centennial Park in ideal weather conditions. All attendees were very engaged and contributed to the interactive approach adopted for the workshop – some great insights provided from all. Feedback received from the participants was very positive on both content and facilitator delivery. Thank you to our dedicated facilitators – Lisa Sheldon, Richard Darke, David Trinder and Glenn Draper for giving up their Saturday to continue to provide this great service to the club and our new members.</p>	<p>Robert Carter</p> <p>David Trinder Lisa Sheldon Richard Darke Glenn Draper</p> <p><i>P Members</i></p> <p>Zeljko (Zac) Pastuovic Susan Cartwright Deborah Ng Susan Healey Martyne Preston Alice Yang Jayantha (Jay) Abeyasinghe Claire Mogensen Carolina Quesada Kylie Carter Pablo Scodellaro John V. Stullken Melina Boskovic Lynn Dabbs Antonio Velasco Mandy Creighton Tina Hsu Katherine Karcz Kate Griffiths</p>
<p>24 May 2014 Windows Canyon Gardens of Stone NP</p> <p>A party of 9 braved the heat of late Autumn for a spot of fairly dry canyoning. We set off early from Barcoo Swamp to leave time for the unexpected since none of us had done this canyon before. We didn't realise we'd be finished by about 2:30pm. Some returned to camp to drink whisky or sleep (you know who you are), while others took a short trip through the Glow worm tunnel.</p>	<p>Neil Soutar</p> <p>Lucy Keatinge Rod Wales Merideth Junor Alan Osland James Swinton Richard Lee Marcia Kaye Michael (Dumplings) Hensen</p>
<p>25 May 2014 Zorro Canyon Gardens of Stone NP</p> <p>Another exploratory canyon for all the group, and another (in hindsight) unnecessarily early start from Barcoo Swamp. Thanks to the thespian in the group, Zorro masks were supplied and of course worn - seriously they were. They should have been included in the Difficulties and Hazards section of the attendance form. The only other hazard involved getting wet up to the right knee and the left ankle – although the thespian seemed to think this wasn't nearly dramatic enough and needed to make a big splash! All finished by lunchtime then it was a rush home to watch old Zorro films.</p>	<p>Neil Soutar</p> <p>Lucy Keatinge Rod Wales Merideth Junor Alan Osland James Swinton Richard Lee Marcia Kaye Michael (Dumplings) Hensen</p>

<p>25 May 2014 Mt Banks Blue Mountains NP</p> <p>See article above.</p>	<p>Leigh McClintock</p> <p>Jan Spencer Graham Byrne Isabelle Moss Terry Moss Glenn Draper</p> <p><i>P Members</i></p> <p>Brian Tomney Svetlana Orrock</p>
<p>30 May 2014 Angus Place Fire Trail Cullen Bullen</p> <p>Park one vehicle at the junction of the Angus Place and Beecroft Fire Trails and another at approx. GR 313 052 on the Angus Place Fire Trail. Return to vehicle 1 and commence walking down a Creek to the NW, staying on the northern side of it. Explore the cliff line tops between GR 315 044 and GR 315 088, then head out walking the southern edge of the peninsula to GR 308 046; then cross to the north of the peninsula and explore the cliff edge and deep into the pagodas at the headwaters around GR 313 048; then head west and follow a cliff line topped with pagodas to GR 305 049 before descending the cliffs and exploring the deep ravine gully back to the vehicle on the Angus Place Fire Trail. About 10km, +/- 500m.</p>	<p>Yuri Bolotin</p> <p>Daryl Watson Michael Keats Ian Starkey</p>
<p>31 May 2014 Wild Dogs Blue Mountains NP</p> <p>The walk started well with a quick descent down Carlons Creek. After climbing Cattle Dog we had morning tea in the forest not far from the Knights Deck Track. We signed the log book at Knights Deck and made our way down North Blue Dog for lunch. Ironmonger is always a challenge but we made good time to the top and then back to the cars. A good day was had by all on the walk.</p>	<p>Angela Barton</p> <p>Stephen Brading Melanie Freer</p> <p><i>P Members</i></p> <p>Tim Hager</p>
<p>31 May – 1 Jun 2014 100 Man Cave Kanangra-Boyd NP</p> <p>Another fantastic weekend in the great outdoors ! Despite the dire weather report we experienced some light rain and a drop in temperature between Crafts Wall and Kanangra Walls Carpark on our return leg.</p> <p>It was great to have David Trinder join the walk which allowed us to split the group and offer the opportunity to visit 100 Man Cave to a few additional Prospective Members – David had originally introduced me to this walk and it was special to revisit along with him.</p> <p>A great night was had around the campfire where many stories were told (some true) whilst enjoying a happy hour that more resembled a culinary feast (yep – there was even smoked trout on crackers !). Water was scarce at the cave and we needed to follow the creek for approx. 400m to locate the first drinkable pools.</p> <p>Congratulations to Marianne and Melinda who have now completed all of their Qualifying events to apply for full membership and also to Michelle, Braith, Kylie, and Peter in completing their overnight Q-walk – well done to all !</p>	<p>Robert Carter</p> <p>Petros Nikoloudis Mark Berry David Trinder</p> <p><i>P Members</i></p> <p>Marianne Davies Braith Boyton Michelle Rose Kylie Carter Melinda Long Angela Beveridge Peter Beveridge</p>
<p>31 May – 1 Jun 2014 Sue's Wilderness Olympiad Kanangra-Boyd NP</p> <p>It must have been several years since the last descent of Doris creek - all abseil anchors had vines, moss and bark completely grown over them. We abseiled 7 times in total, disappointingly our 50m ropes didn't reach the bottom of two waterfalls, hmm, imagine my surprise 10m off the ground with the rope ends in my hand! It was slow going with typical Kanangra slippery rock, nettles and stinging trees. We made Hatchers Hollow in the dark, but had a great night round the fire and competed in the SBW Olympics the next morning, good fun all round.</p>	<p>Richard Pattison</p> <p>Melissa Thomas Sue Bucknell Tom Brennan Simon Hager</p> <p><i>P Members</i></p> <p>Alison Curtin</p>

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